



Aged between 8 and 18?

Want to enjoy fun activities with your peers?

Would you like to have a say in how young people's mental health services work?

'In Other Words'



'In Other Words' is a group of young people who do fun activities like pizza making, climbing, arts and crafts and lots of other things! These activities help you meet other people around your age, and can also build your confidence.



You can share your experiences of the Child and Adolescent Mental Health Service (CAMHS) during these sessions, and you also have the chance to say how the service can do things better, as well as what it does well already!



When? Saturday 25th February 2-5 PM

Where? Devonport Park Activity Centre, Fore Street, PL1 4BT

Questions? Contact Rose Taylor on 01752 500496/07920 558543

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